

Equine Assisted Learning



Introduction to Equine Assisted Development

This half day course is designed specifically for Learning Managers and HR Specialists to give an overview of how horses can assist your organisation. You will learn how equine assisted development can improve team effectiveness, develop leadership abilities and be a powerful experiential learning intervention.

Our four legged trainers and professional facilitators guide participants through various activities on the ground, leading to discussions that heighten awareness of leadership styles, trust and respect, communication, decision making patterns and uncover team dynamics. The horses provide immediate feedback on participants' personal effectiveness and offer opportunities for profound personal growth and increased team performance.

No horse experience is needed. All activities are carried out on the ground. No riding is involved.

- 9.15 am Arrival and registration. Refreshments provided.
- 9.30 Introduction to Equine Assisted Learning
 Outline objectives and discuss expectations for the session
- 9.45 Exercise 1
 We would expect the delegates to volunteer to participate in the learning experience, having direct contact with the horses in the arena.
- 10.30 Short tea / comfort break
- 10.45 Exercise 2
- 12.00 Translate learning experience outside the arena
- 12.30 Conclude

Previous client feedback

"I would recommend this to friends and clients. They're hearing about it from me already anyway!"

"Thank you for a really inspiring afternoon. I learned much that will on reflection be valuable in my work as a consultant and as a leader of other consultants. I found an inner confidence that is going to accompany me towards my next role and the next level of the organisation in which I work. I was able to reconnect to an inner emotional well that has brought me joy and deep contentment."